

# Protecting

## Adolescents and Children from Blackmail... How Is It Done?

With the increasing use of the internet among children and teenagers, the role of parents becomes essential in protecting them from the risks of online blackmail through awareness, supervision, and building trust.



### Awareness

Raising children's and adolescents' awareness about the risks of sharing personal information and photos online, and helping them recognize suspicious or inappropriate behavior from strangers.



### Monitoring and supervision

Monitoring teenagers' digital activities in a balanced and non-intrusive manner, and using parental control tools while clearly explaining that their purpose is protection, not surveillance.



### Building trust with parents

Encouraging children and adolescents to speak openly with their parents when they encounter any uncomfortable situation, and reassuring them that asking for help is the right thing to do, not a mistake.



### Strengthening critical thinking skills

Teaching them how to distinguish between genuine and fake individuals online, and how to evaluate content and situations before engaging with or trusting them.



### Enhancing digital security

Using strong passwords and enabling two-factor authentication to protect accounts, and teaching them not to share photos or personal content with strangers.