

“Personal Content”

If you are exposed to blackmail
what should you do?

Steps to Deal with Blackmail Involving Photos and Videos:



Stay Calm and Think Wisely:

- Keep calm to avoid making rushed decisions that could make the situation worse.
- Do not show the blackmailer that you are afraid or vulnerable.



Cut Off Communication Immediately:

- Stop all forms of contact with the blackmailer.
- Do not comply with any of their demands, as meeting their requests usually makes the situation worse.



Collect Evidence:

- Keep all threat messages, images, and any proof that could support your case later.
- Take screenshots or record conversations.



Report to Authorities:

- Contact the police or the relevant authorities handling cyber blackmail.
- There may be a specialized cybercrime unit in your country.



Report the Accounts:

- Use the reporting feature on social media platforms to have the blackmailer's accounts disabled.
- Contact the platform's support team for assistance.



Consult Specialists:

- Seek advice from a lawyer or a cybercrime expert for legal guidance.
- If you feel significant psychological impact, consult a mental health professional to help reduce stress.