Ibtikar
ابتكار
ابتكار للتمكين والريادة المجتمعية
Ibtikar for Empowerment and Social Entrepreneurship

Psychological and behavioral effects of blackmail on victims

There may be psychological and behavioral signs indicating that someone close to you has become a victim of blackmail, including:

- Behavioral changes
- Psychological disorders
- Feelings of fear and panic
- Physical effects
- Decline in overall performance

What should you do if you discover that someone close to you has become a victim of blackmail?

- Taking practical steps
- Empathy and support
- Education and awareness
- Seeking professional help
- Respecting the victim's decisions